



ICD-10 Z Codes for Social Determinants of Health

To better track and address the social needs of this population, we invite you to incorporate Social Determinants of Health (SDOH) ICD-10 Z codes on the claims you submit to us. Any clinician (physician, nurse, social worker, community health worker, case manager, or other providers) can document a person's social needs.¹

What are Social Determinants of Health?

Social determinants of health are conditions in the environments in which people are born, grow, live, work, and age. These social factors can impose significant barriers to a person's health and wellness.

Using Social Determinants of Health ICD-10 Codes

What does this mean for you and your staff? Each patient brings more to your office than the symptoms they present on the surface. SDOH may affect a patient's ability or willingness to follow their recommended treatment plan, so it's important to adopt a "wholeperson" approach. By working together, we can remove barriers to improved health and help provide a better quality of life to members.

Through the utilization of ICD-10 Z code data, BCBSTX will be able to better discover the unique, social needs of our members and help connect members with available resources.

What You Can Do:

- Educate staff on the need to screen, document, and code data on patients' social needs.
- Ask patients about their SDOH needs. Patients may not know to discuss non-medical issues with their provider and may need to be prompted.
- Document any SDOH needs by utilizing the SDOH ICD-10 codes listed on the following page on the claims you submit to us.

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^{1.} American Hospital Association. ICD-10-CM Coding for Social Determinants of Health. Nov. 2019, www.aha.org/system/files/2018-04/value-initiative-icd-10-code-social-determinants-of-health.pdf The above material is for informational purposes only and is not intended to be a substitute for the independent medical judgment of a physician. Physicians and other health care providers are encouraged to use their own best medical judgment based upon all available information and the condition of the patient in determining the best course of treatment.

Z55.0 Illit Z55.1 Sch Z55.2 Fai Z55.3 Un Z55.4 Edu Z55.8 Ott Z55.9 Pro Problems rel Z56.0 Z56.2 Th Z56.2 Th Z56.2 Th	ated to education and literacy (Z55) areracy and low-level literacy nooling unavailable and unattainable led school examinations derachievement in school ucational maladjustment and discord with teachers d classmates her problems related to education and literacy oblems related to education and literacy, unspecified ated to employment and unemployment (Z56) employment, unspecified ange of job reat of job loss
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Z56.2 The Z56.4 Dis	reat of job loss
Z56.4 Dis	-
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756 5 Un	cord with boss and workmates
230.3 011	congenial work environment
Z56.6 Oth	ner physical and mental strain related to work
Z56.89 Oth	ner problems related to employment
Z56.9 Un	specified problems related to employment
Occupationa	l exposure to risk factors (Z57)
	cupational exposure to noise
Z57.2 Oc	cupational exposure to dust
	cupational exposure to environmental tobacco oke
Z57.39 Oc	cupational exposure to other air contaminants
Z57.4 Oc	cupational exposure to toxic agents in agriculture
	cupational exposure to toxic agents in other lustries
Z57.8 Oc	cupational exposure to other risk factors
Z57.9 Oc	cupational exposure to unspecified risk factor
Contact with/suspected exposure to hazardous substances (Z77)	
	ntact with and suspected exposure to lead
Z77.090 Co	ntact with and suspected exposure to asbestos
Problems rel (Z59)	ated to housing and economic circumstances
	melessness
	Idequate housing
	scord with neighbors, lodgers and landlord
	oblems related to living in residential institution
	ck of adequate food and safe drinking water
	reme poverty
	w income
Z59.7 Ins	ufficient social insurance and welfare support
Z59.8 Oth	her problems related to housing and economic cumstances
	bblem related to housing and economic cumstances, unspecified
Problems rel care (Z75)	ated to medical facilities and other health
	availability and inaccessibility of health care facilities
Z75.4 Un	availability and inaccessibility of other helping encies

Problem	s related to social environment (Z60)
Z60.0	Problems of adjustment to life-cycle transitions
Z60.2	Problems related to living alone
Z60.3	Acculturation difficulty
Z60.4	Social exclusion and rejection
Z60.5	Target of (perceived) adverse discrimination and
200.0	persecution
Z60.8	Other problems related to social environment
Z60.9	Problems related to social environment, unspecified
Problem	s related to upbringing (Z62)
Z62.0	Inadequate parental supervision and control
Z62.1	Parental overprotection
Z62.2	Upbringing away from parents
Z62.21	Child in welfare custody
Z62.22	Institutional upbringing
Z62.3	Hostility towards and scapegoating of child
Z62.6	Inappropriate (excessive) parental pressure
Z62.810	Personal history of physical and sexual abuse in
202.010	childhood
Z62.811	Personal history of psychological abuse in childhood
Z62.812	Personal history of neglect in childhood
Z62.819	Personal history of unspecified abuse in childhood
Z62.82	Parent-child conflict
Z62.822	Parent-foster child conflict
Z62.891	Sibling rivalry
Z62.898	Other specified problems related to upbringing
Other problems related to primary support group,	
	family circumstances (Z63)
Z63.0	Problems in relationship with spouse or partner
Z63.3	Absence of family member
Z63.4	Disappearance and death of family member
Z63.5	Disruption of family by separation and divorce
Z63.6	Dependent relative needing care at home
Z63.7	Other stressful life events affecting family and household
Z63.72	Alcoholism and drug addiction in family
Z63.8	Other specified problems related to primary support group
Problem	s related to certain psychosocial circumstances
(Z64)	
Z64.0	Problems related to unwanted pregnancy
Z64.1	Problems related to multiparity
Z64.4	
	Discord with counselors
Problems (Z65)	Discord with counselors s related to other psychosocial circumstances
(Z65)	s related to other psychosocial circumstances Conviction in civil and criminal proceedings without
(Z65) Z65.0	s related to other psychosocial circumstances Conviction in civil and criminal proceedings without imprisonment
(Z65) Z65.0 Z65.1	S related to other psychosocial circumstances Conviction in civil and criminal proceedings without imprisonment Imprisonment and other incarceration
(Z65) Z65.0 Z65.1 Z65.2	Conviction in civil and criminal proceedings without imprisonment Imprisonment and other incarceration Problems related to release from prison
(Z65) Z65.0 Z65.1 Z65.2 Z65.3	Conviction in civil and criminal proceedings without imprisonment Imprisonment and other incarceration Problems related to release from prison Problems related to other legal circumstances
(Z65) Z65.0 Z65.1 Z65.2 Z65.3 Z65.4	Conviction in civil and criminal proceedings without imprisonment Imprisonment and other incarceration Problems related to release from prison Problems related to other legal circumstances Victim of crime and terrorism